



Branch #49 Folsom

April 2026

State SIR Website
<https://www.sirinc.org/>



Next Luncheon: April 16, 2026 at the Robert H. Miller III Rotary Clubhouse located at 7150 Baldwin Dam Rd. in Folsom.

Branch 49 Website
<https://www.Sirinc2.org/branch49>

Speaker: Livu Vizitiu from Chick-Fil-A

Board Meeting @ 10:00 a.m.
Social Hour @ 11:00 a.m.
Golfer's Meeting @ 11:00 a.m.
Lunch @ 12:15 p.m.

2025 Officers

President	Mike Panelo
Vice-President	Tom Conrad
Secretary	Dan Zavesky
Asst. Secretary	Ed Puchi
Treasurer	Stephen Post
Asst. Treasurer	Ray Fischer
Membership	Bill Bertsch
Asst. Membership	Joel Reisman

Board of Directors

Mike Panelo	Bill Bertsch
Tom Conrad	Ed Puchi (At-large)
Dan Zavesky	Joel Reisman (At-large)
Stephen Post	

Committee Chairman

ATTENDANCE	Cory Lindholm
AUDITOR	Pat Flynn
BEVERAGE	Jim Ramstad
BEVERAGE AIDS	John Cordero
	Manny Cordero
BOOK EXCHANGE	OPEN
CHAPLAIN	Ed Puchi
EDITOR	Joel Reisman
GREETER	Fred Jacobs (PBS)
MARKETING	Art Vallerga
MUSIC	OPEN
NOMINATING	Joel Reisman
	Ed Puchi
	Joe Lapilusa
PURVEYOR	Joe Artim (PBS)
SUNSHINE	Dave Ward
TICKET SALES	Ray Jerd
	John McKim
WEBSITE	Kim Hammon

Activities Chairmen

BOWLING	Bob Collins
GOLF	Steve Sims
WINE TASTING	Dave Butt

Past Big SIRs

2013	Karl Ryden
2014	Gary Stout
2015	Fred Jacobs
2016	Robert Eplett*
2017	Vic Brewer
2018	Ed Puchi
2019	Jerry Helmey
2020	Al Edwards
2021	Joe Artim
2022	Joe Artim
2023	Allen Wong
2024	Max Hartley
2025	Roland Kleinman

State SIRs

AREA 3 REPRESENTATIVE
Jim Gragg

SIR STATE OFFICERS
PRES. — Rich Carlston
V.P. — Fred Serena
SEC. — Jeff Chin
TREAS. — Carl Mason



Karl Ryden—*State HLM*
 Frank Donner emeritus
 Joe LaPilusa Sr. HLM
 Jack DuBé emeritus
 * Roy Estep
 * Bob Griggs — SHLM
 * Frank Reetz
 * Bill Staiger— SHLM
 * Gordon Vinther
 * Ralph Housley * Deceased



Thanks to Greg Treible of the US Army Corps of Engineers for his interesting talk.



Celebrating two well-deserved victories; Cameron Young for the 2026 Players Championship and Gary Woodland for the Texas Children's Houston Open



President - Mike Panelo

April Showers

April is here, spring has sprung, baseball is back, and the Masters is right around the corner. It's that time of year when plants wake up and trees and flowers come into bloom, and our local courses begin to get into shape. I can tell you the rough is thriving and in peak condition. I've spent enough time in it over the last few weeks to consider myself something of an expert.

We held our second Coffee Club gathering this past week, and it was another enjoyable morning with relaxed conversation and an easy start to the day. Our next meeting is Thursday, April 23 at 9:30 AM at Pause Coffee House, 8121 Madison Avenue in Fair Oaks. If you enjoy a relaxed morning out, I hope you'll consider joining us. The coffee's good, and the company isn't bad either.

It was great seeing everyone at our March luncheon, where Greg Treible of the U.S. Army Corps of Engineers gave an interesting presentation. We also recognized several of our members. Steve Sims presented Certificates of Appreciation to his golf leadership team, and we thanked Bob Hedges for his service as Secretary and board member, along with long-time Treasurer Mike McCormack for his years of steady contribution to the branch. Although they weren't present, we honored Sil DeLeon, Jerry Hudson, and Bob Haines for thriving in their the nineties and being an inspiration to all of us.

We also inducted three new members. Please join me in welcoming Glen Campora, Chuck Friedrich, and Bob McCarthy to Branch 49. We're glad to have you with us and look forward to getting to know you. In addition to golf and our luncheons, I encourage you to join us at our wine tasting events and happy hours. They're fun, festive, and a great way to get to know the group.

Let's also welcome our new Branch Secretary, Dan Zavesky. At our last meeting, the Board unanimously approved his nomination to the role. Thank you for stepping forward, Dan. We also thank Bob Hedges for the high quality work he has done to keep the branch organized and running smoothly.

Looking ahead, our May Branch Picnic will be here before we know it. We'll be back at Lew Howard Park, which provides a great shaded, private setting to relax and enjoy the afternoon. Families are welcome, and we encourage you to bring them along. The Branch will provide burgers, chicken sandwiches, all the fixings, and drinks. As always, we're counting on potluck participation and will be looking for regulation cornhole boards and bags. Tickets will be available at upcoming luncheons and golf tournaments. Early ticket purchases and RSVPs really help our purveyor with planning and ensure we're well prepared for everyone.

Let's take a moment to thank our Branch Purveyor, Joe Artim, for making sure we're all fed at our picnics and luncheons. Joe has been a constant presence in this branch for years, serving as Little SIR, twice as Big SIR, and continuing to volunteer well beyond that. He has given a great deal to Branch 49, and we're grateful.

As always, it's a pleasure being a member of SIR Branch 49. I enjoy the camaraderie, the friendships, and the time we spend together. You're a great example of how to live longer and live better.

Mike Panelo
President, Branch 49
916-201-5668
mike.panelo@gmail.com



Vice-President—Tom Conrad

Bring May Flowers

Spring is here and I hope everyone has adjusted to the annual spring forward time change. Spring is a

time of new beginnings and my yard is certainly experiencing new beginnings! The summer-like weather we have had seems to have pushed spring new growth into full summer growth. Since I am "the gardening service", I have been busy in my yard. April also brings us another of our favorite things, TAXES! My wife and I have ours all filed and are glad that unpleasant task is done. I hope you all are getting yours taken care of and do not feel too much pain.

Our branch has experienced a good spring forward into the year. We have inducted 8 new members since January. We continue to grow with new members coming from our marketing campaign. It looks like most of our new members are coming for the golf and if this keeps up, the golf committee may have to try and get us more tee times - which is a good thing. Speaking of golf, we have had great weather on the courses and full tee sheets.

Our annual picnic is coming up on Thursday May 21st. We will not have our normal luncheon that day. Get your tickets soon and remember this is open to all members and significant others. The hamburgers and hot dogs are provided by the branch, but this event is also a pot luck, so please bring a dish to share. Will we see the repeat of the Hammond corn hole championship? Don't know but you must be present to find out. See you all at the picnic.

Tom Conrad
Vice-President, Branch 49
(916) 997-1944
tkconrad1999@gmail.com



Welcome new members Glen Campora, Chuck Friedrich, and Bob McCarthy



MEMBERSHIP REPORT

Membership Chairman: Bill Bertsch (916) 791-3570
workready247@hotmail.com

Asst. Membership Chairman: Joel Reisman (916) 983-2492
j.reisman@comcast.net

CURRENT MEMBERSHIP: 93

Members added in Mar: 3

Bob	McCarthy
Chuck	Friedrich
Glen	Campora

Members that left SIR in Mar: 3

Vic	Brewer (deceased)
Barry	Weiner
Gary	Bazel

Anniversaries for Apr: 12

Rik	BENNETT
Bill	BERTSCH
John	CHEGIA
Tim	CLEARY
Jim	COLE
Terry	GREENSHIELDS
Kim	HAMMON
Roland	KLEINMAN
Stephen	POST
Gary	VEFFREDO
Allen	WONG



Dan and Nancy Zavesky welcome their first grandchild into the world!

Toddler Property Laws

1. If I like it, it's mine.
2. If it's in my hand, it is mine.
3. If I can take it from you, it's mine.
4. If I had it a little while ago, it is mine.
5. If it's mine, it must never appear to be yours in any way.
6. If I'm doing or building something, all of the pieces are mine.
7. If it looks like mine, it's mine.
8. If I think it's mine, it's mine.



Branch 49 Golf Club

Chairman: Steve Sims
 916- 365-6062
 Asst. Chairman/Handicap
 Chair: Don Fuller
 916-791-4581
 Tournament Directors: Ed
 Nishio, Tim Hammon & Robin
 Williams
 Treasurer: Pat Flynn

Secretary: Robin Williams
 Lead Tournament Leader: Jerry Nakamura
 Rules Chairman: Roland Kleinman
 Advisor/Special Projects: TBD

The summer season is underway. The weather has been unseasonably warm but splendid. We are heading into a minor cooling spell, but please guys, keep in mind hydration. Before we know it we will be in the be aware zone.

Hydration tips: most recreational athletes are not aware that hydration starts the day before a tournament. I encourage all of you to super hydrate the day before we play. Potassium is a deterrent, avocados, bananas and green grapes can all help keep you hydrated and prevent cramping.

The board is meeting this week, things that can potentially be expected as a result of the meeting are as follows...

Change of maximum score per hole from 5 over to double par. That difference is rather simple, par 3's your max score would be 6, par 4's it would be 8 and par 5's it would be 10.

We will also be discussing a higher handicap second team game, details forthcoming.

We are considering a day before tee sheet release notice to all golf members.

We will discuss the continuance of extended ball relief but expect that to end very soon, due to the great weather pattern.

Lastly, as we continue to increase membership, tee time sign-ups are becoming more challenging, so it is our hope to increase our number from 40 to 44, and maybe 48. This is a cool problem to have.

LAST FOUR:

Lincoln Hills 3/30/26 (Low Net Brad Carter 70)

Flight 1 –Brad Carter 81/70

Flight 2 –Dave Butt 86/71

Flight 3 –Tim Hammon 94/71

Flight 4 - Joe Artim 98/73

Par BB Team- Kleinman/Butt/Post/Reisman 229

CTP- Stephen Post 9' 5"

Haggin Oaks Mackenzie 3/23/26 (Low Net Ed Nishio 71)

Flight 1 – Brad Carter 83/73

Flight 2 – Terry Greenshields 88/72

Flight 3 – Ed Nishio 90/70

Flight 4 - Ray Fischer 100/72

Lone Ranger-Carter-Greenshields-Fischer-McKim 125

CTP- Gary Veffredo 11'

Ancil Hoffman 3/16/26 (Low Net Stephen Post 71)

Flight 1 – Don Pressley 83/71

Flight 2 – Stephen Post 89/69

Flight 3 – Dan Zevesky 97/72

Flight 4 – Ray Fischer 103/71

CTP – Chuck Bradshaw 13' 5"

Bartley Cavanaugh 3/10/26 (Low Net Steve Sims 69)

Flight 1 – Steve Sims 74/69

Flight 2 – Rick Branchini 93/71

Flight 3 – Tim Hammon 95/71

Lone Ranger- Sims/Nakamura/Conrad/T Hammon -2/140

CTP – Steve Sims 8' 7"

SEASON POINTS TOP 10

Brad Carter	3315
Tim Hammon	2124
Stephen Post	2114
Steve Sims	2020
Michael Viksne	1864
Jack Dixon	1821
Ed Nishio	1710
Art Vallerga	1559
Kim Hammon	1559
Warren Myers	1558

NEXT UP (SUMMER SCHEDULE)

4/14/2026	8:06	Mather
4/20/2026	8:00	Empire
4/27/2026	8:28	Diamond Oaks

HATS

If you are looking for a new hat please see our Treasurer Pat Flynn, he can sell you one for \$20. You may also obtain one from the tournament leader at weekly tournaments. You can choose either gray or khaki.

New Members see either guy for your hat at no charge, first one's on us. It is my plan to have a few myself for distribution.

ON THE LIGHTER SIDE



Kudos to the golf committee for their great contribution to Branch 49



Branch 49 Bowling

Bowling Chairman: Bob Collins

(916) 983-5246

robertcollins325@comcast.net



We are still in the “Winter” session. We bowl at Steve Cook’s Fireside Lanes in Citrus Heights on Wednesdays 12:30-3:00pm.

The league is called the “Senior Fun” Bowling League. The league normally consists of 16 three person teams. The league consists of many SIRs members from this and other chapters. The league is a mixed gender and “handicap” league, currently with several women (none from SIRs).

Currently, there are several Chapter 49 SIRs bowlers. Below are the current statistics (as of 03/30/26). NOTE— ALLEN WONG’S team was recently in first place but fell to 16. Long slide. OUCH! Ray Jerd’s (captain) team recently changed names to the Steamrollers.

Bowlers	Team	Avg	High Game	High Series	Place (of 16)
Allen Wong	Nuggets	137-	187+	481+	16=
Roland Kleinman	Gold	148-	190+	451	12
Ron Peters	Young at Heart	138=	204	470+	11+
Mike Panelo	Young at Heart	149+	205=	527=	11+
John McKIm	Steamrollers	144-	180+	503	9=
Ray Jerd	Steamrollers	147=	207=	524	9=
Bob Collins	Steamrollers	156+	210***	546***	9=

(+ means increased, - means decreased, = means stayed the same. *** means current leader)

Mike Panelo had a recent high game of 201!! Way to go. Collins recently had a high game of 168! Ray Jerd also had a recent high game of 170!!

Despite inconsistent and some continued “low” scores, we ARE having fun.....or so I’m told. (More beer and the better you bowl, = more fun.) To put the scores in perspective, currently in this NEW session the high individual game in the league is 287 WOW, high scratch individual series score is 751, high scratch team score (1 game) is currently 699, high scratch team series score is 1869!..

Most of our chapter bowlers in the league consider a “good” raw average anything above 165, and a scratch series (before adding in the handicap) to be 500 or more. As I have previously reported, several of our SIRs bowlers seem to all be working on increasing our handicap. (Yeah, you read that right!.) The handicap makes things competitive. Our bowlers are doing better overall.

Scoring for team placement consists of 1 point for each team game “win” (including handicap), and 2 points for the team with the high series score (including handicap) for each week. A team can get 0 to 5 points each week. Each week the standings are based on the number of points a team accumulates throughout the season. Prizes are distributed at the end of each “season.”

Unfortunately, we are NOT currently accepting substitutes.

Bob Collins- Bowling Coordinator for Chp 49 Be safe out there. Good luck and good bowling.



The Social Corner

Dave Butt (408) 295-9933

davidwbutt@gmail.com

Happy hour continues to be popular as we had an increased number of attendees at the Mesquite Grille. Our last happy hour was at the El Dorado Saloon on April 9. Our next is scheduled for May 14 at the the University of Beer on Bidwell, then June 11 at The Vine in downtown Folsom. As always, Happy Hour is the second Thursday of the month between 3PM and 5PM. If you have any suggestions for future locations, let me know.

The next wine tasting will probably be in the June/July timeframe with more details next month.



Golf trip April 1&2 to Poppy Ridge and Las Positas

Travels with Eli

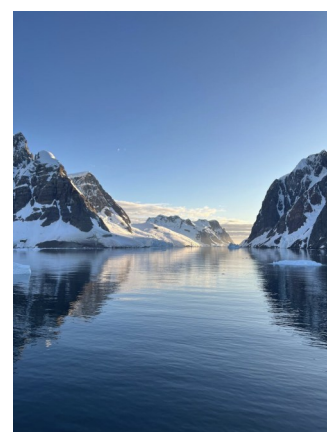
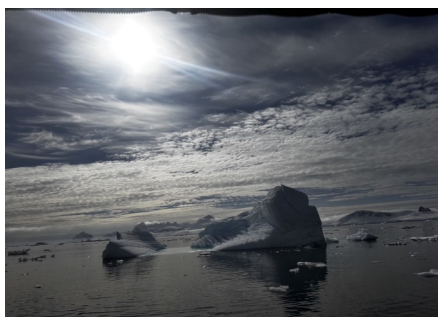
Eli Flores, a fellow Branch 49 SIR and world traveler par excellence, is again kind enough to share his experiences with us. Here is his latest report:

I recently went to Buenos Aires, Argentina and Antarctica for a trip that turned out to be one of a lifetime of exploration and adventure.

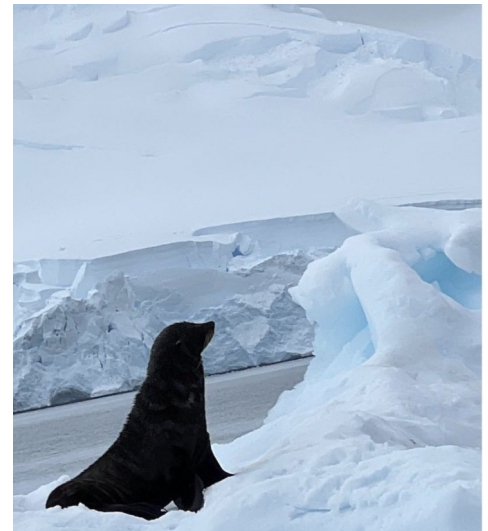
I first flew into Argentina and spent three days experiencing and learning the culture and enjoying all the country had to offer. The high points were taking the city bus tour and discovering new places and trying out new food, all the while enjoying and exploring their culture. I was most impressed watching the Argentina street dancers perform.



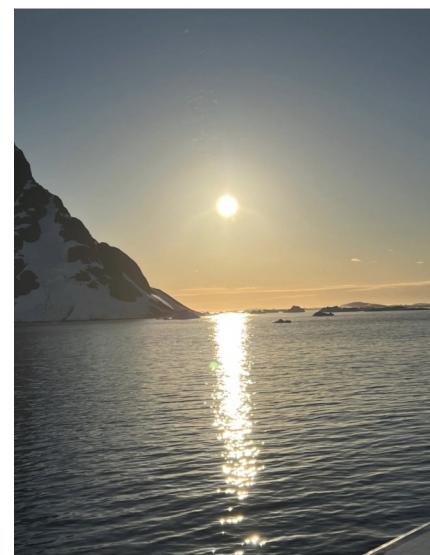
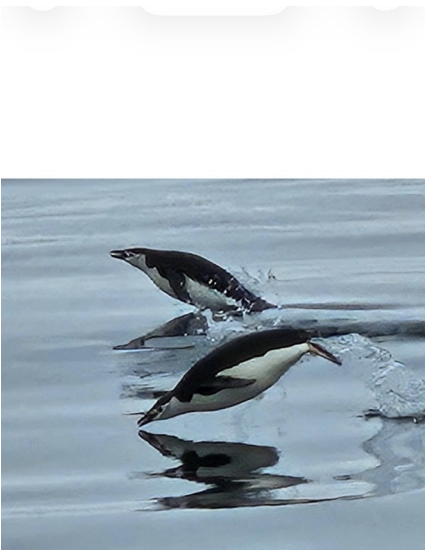
From there we sailed out of Ushuaia, Argentina, which is known to be the world's southernmost city, by way of the exploration Viking Cruise newest ship the Octantis, for a great adventure. That ship was equipped with many small vessels to make great exploration adventures. Some of the vessels were small inflatable boats, cruise boats, kayaks, and a submarine. I was able to experience all the different vessels and excursions to include going to the bottom of the sea floor in the submarine. It was also a lot of fun kayaking while negotiating floating ice. It was amazing to step foot on a continent that less than 1% of the world population have ever have the opportunity to do. To me, for just one quick moment I wondered if this was how Neil Armstrong felt the first time he stepped foot on the moon?



Prior to this trip there were many things I did not know about Antarctica. Much of the on board entertainment were more designed around conservation lectures and scientific demonstrations of the ice continent and survivability and sustainability of the land and seas and natural habitat of wildlife and fish and sea creatures beneath the waters, thus the trip was not like your typical party boat atmosphere nor your average cruise ship.



Some basic facts: Antarctica has no government; it is part of a world treaty organization that all countries are able to conduct explorations and make and share discoveries of the land and waters. Antarctica was only officially discovered in the 1820's. Prior to modern day, old style ships were not able to survive Drake's passage, known as Jake's quake, after Sir Frances Drake. This area has the roughest seas on the planet, for this is where is the waters of the Pacific, Atlantic and Southern oceans all meet and create highly intolerable rough seas, making it a very rough ride and the most treacherous waters across the globe. Luckily, with modern technology, ships can now sail through easily. In the two days it took to travel by ship the whole time we encountered waves exceeding well over 20 feet with extremely high winds which made the journey extremely rocky. As you all probably know the type of guy I am, I did not take any seasick pills or use patches (Lol). The way I would describe this trip to Antarctica would be, I'd say, exploring earth's final frontier. Having had the opportunity to travel to many places all over the world I found it to be one of God's most beautiful creations of nature, where at times so beautiful that I often did not know where the earth ended and where the heavens began. That's how beautiful it was, for it was much more than seeing just icebergs, whales, and penguins, which is what I was expecting those were only a bonus. If you have been there before, let's talk about it. If you have not been before and are curious, let's talk about that too.





L/R: Ron Peters, Tom Baker, Dave Ward, Scott Pearce, Allen Wong, Joe Artim, Don Pressley



L/R: Ron Ness, Warren Myers, Bob Hedges, Ray Jerd, Chuck Friedrich (new member), Jerry Thomas



L/R: Rick Branchini, Bob McCarthy (new member), Bob Collins, Dan Mikles, Jim Ramstad, Manny Cordero, John Cordero